## Circular hiking route from Bad Arolsen to Mengeringhausen

The route starts at the protestant town church on Kirchplatz in Bad Arolsen.

From there, walk down Schloßstraße. Turn right onto Kaulbachstraße and left along Große Allee. Pass the Medizinisch-Psychosomatische Klinik Große Allee, a hospital, on the right and walk through the wooded Baumpark.

Take Neuer Garten and continue on this street. Cross the Königsberg fairgrounds. Then turn left and left again - before Uhlengrund parallel street. Quick left of hiking route A2. Then turn right and cross the river Aar, and turn right again after a few metres. At the second crossroads - after crossing the river Aar a second time - follow hiking route M8 to the left.

Pass the Luisen-Mühle mill and continue to the town centre of Mengeringhausen with its half-timbered houses. In front of the church keep right until you reach Landstraße, then turn right again, then left onto Thieler Weg and then continue on hiking route M7.

Then turn right onto hiking route H2, pass Thieleteich lake and continue to the suburb of Helsen. Walk along Bahnhofstraße, passing shops and businesses until you come back to your starting point, the protestant town church (total distance: **12 km**).

